

## Pembroke sea kayaking at St. David's

### **Why to go**, including information on AOAC-type activities

- Sea kayaking
- Pembrokeshire coastal path walks
- Walking in the Preseli Hills
- Cycling the Preseli hills and national cycle route 4 "The Celtic Trail"
- Surfing on Whitesands or Newgale beaches
- Barbecues a must for Saturday evening entertainment
- Take the rib out to the bitches and ride the surf
- Take a boat trip around Ramsey island to see the seals (pups in September)

### **When – best time of year**

- May-September (the sea is warmer from July onwards, it's dryer in May and June)

### **Where – where the place is, where to stay**

- Rhosson Ganol Farm, St Justinian's (GR 727252). (01437720361)(basic campsite, not busy, good views over Ramsey Sound, can book plot, no kids as limited facilities, 50p required for shower, pub is in St David's (a drive away))
- St David's Youth Hostel (YHA – in St David's)

### **How to get there, with information ideally on timing, cost, phone numbers; how long to stay**

- 2.5 to 3 hours to get there by car
- Good for a weekend
- Camping £6 per person per night
- YHA (cost unknown)

### **Past visits by AOAC**

2007 Sea Kayaking trip organised by Fraser Bridgeford (Fraser.bridgeford"AT"btinternet.com)

- Day one body boarding, coastal path walking and sea kayaking
- Day two sea kayaking
- Saturday evening barbecue
- Camping at Rhosson Ganol Farm