

Event: Canoeing skills training at Symonds Yat

Why to go: including information on AOAC-type activities

White water kayak and open canoe training and recreation for Improvers level.

When - best time of year:

Anytime

Where to do activities:

Symonds Yat rapids - River Wye

Where to stay:

Normally a day trip

How to get there, with information ideally on timing, cost, phone numbers; how long to stay

- Meet at the club store off Muller Road, Eastville 9.00 am, load and leave by 9.30.
- Access point: Symonds Yat East. Grid ref SO (562,159) OS Map 162 M32, M4, M48 to Chepstow exit, take A466 to Tintern, then Monmouth, take A40 towards Ross on Wye, just pass Whitchurch (by passed) take the A4137 exit sign posted Symonds Yat East and Goodrich, turn immediately right back over the A40 to get on the B4229 towards Goodrich, take next right onto minor road to Symonds Yat East and Coleford, continue over Huntsham bridge, take first turning right down narrow road to Symonds Yat East. Park in the Wye Deane car park. Await at entrance to be directed to parking space. Parking charges £3 per car, boat launch £1 per boat. Drive time one hour thirty minutes. Public toilets behind canoe shop.

Past visits by AOAC

Many times a year.

Canoeing Information:

Type of Canoeing: White water training and practice

Grade: 2

Access: no problem

Web cams for the rivers Usk, Monnow and Wye; <http://www.wyeuskfoundation.org/conditions/index.php>

Forecast

www.metcheck.com

www.metoffice.gov.uk

www.weatheronline.co.uk (inc. Latest Rainfall Totals).

Minimum Level of competence: 2 Star or equivalent experience in chosen craft and following a briefing on the fundamentals of white water safety and paddling skills.

Length of trip: Miles 1 Hours 3.30 **River description:** [UK Rivers Guide](#), [WCA - Welsh Rivers Guide](#)

Kit list: [White water touring](#) + packed lunch and hot drink / water

Timings: Meet at club store: 9am Leave Bristol: 9.30am, Get to access point at: 10.45 am
Ready for shuttle at: NA, Get on water at: 11.10 am, Get off water at 3.30pm