

Event: Canoeing - Sea Kayaking North Cornwall Coast - Camelford

Why to go: including information on AOAC-type activities

- Beautiful and rugged coastline offers spectacular kayaking along the sea cliffs interspersed by quaint traditional Cornish fishing harbours. You may have encounters with bird and marine wildlife.

When - best time of year :

- Summer - May - September - Neap tides and good weather recommended as coast is exposed with few landing beaches. If poor weather forecast cancel trip as the main purpose is to paddle along the coast.

Where to do activities:

- Sea kayaking and walking

Where to stay:

- Camping at: Juliet's Well Holiday Park, Lanteglos, Camelford PL32 9RF. Tel 01840 213302
Email: juliotswell@holidaysincornwall.net Map: [Google Maps](#) Grid Ref: OS Sheet 200 Land Ranger SX (093,829)
- Campsite facilities: Good showers and toilets, level pitches, small shop, heated outdoor pool, on site public house. Cost £8.50/pitch per night based on two people in tent, extra people at £2 each. Only one tent per pitch (however small) per pitch.

How to get there:

M5 south to Exeter, A30 to Oakhampton, Launceston take A395, take A39 to Camelford, in Camelford remain on the A39 High Street, on exiting the south side of Camelford turn right (near petrol station) on to the B3226, at Sportsman Road junction turn left into lane, turn right into Juliet Well Holiday Park just past the Bowling Club, reception is by the entrance.

- We will be in the camping field, normally on the lower terraces, proceed down the lane between reception and the pub, take second left to the lower terraces.

Canoeing Information:

Type of Canoeing: Sea kayaking - coastal

Grade: Coast exposed **Access:** Landing can be a problem with steep dumping surf beaches ie Teknow. Limited parking near beach at some coves if you arrive after 9.30 am, parking at Crackington Haven, Boscastle, Tecknow and Widmouth. Do not attempt to park at Port Issac.

Minimum Level of competence: 2 Star Kayak, competent paddlers

Length of trip: 4 – 6 hours **Description:** scenic but exposed coast

Kit List: [Sea Touring Kit List](#) + packed lunch and water. **Facilities:** Public toilets & pub.

Trips: Depending on weather and sea conditions.

Suggested trips Port William (Teknow) to Crackington Haven - one way or shorter return trips to/ from Boscastle or Tintagel Head. Crackington Haven to Widmouth Bay. If you need a sheltered paddle use the River Camel estuary, access at Padstow, Rock or Wadbridge.

OS map sheets 190 Bude and Clovelly and 200 Newquay and Bodmin.