

Event: Canoeing - Sea Kayaking North Cornwall Coast - Boscastle

Why to go: including information on AOAC-type activities

- Beautiful and rugged coastline offers spectacular scenery along the sea cliffs interspersed by quaint traditional Cornish fishing harbours. You may have encounters with sea birds and seals.

When - best time of year :

- Summer - May - September - Neap tides and good weather recommended as coast is exposed with few landing beaches. If poor weather forecast cancel trip as the main purpose is to paddle along the coast.

Where to do activities:

- Sea kayaking and coast path walking

Where to stay:

- Camping at: Lower Pennycrocker Farm, St Juiot, Boscastle, Cornwall. PL35 0BY Tel:01840 250257 OS Map ref: SX (124,925) OS map sheet 190 Bude and Clovelly

karyn.heardATyahoo.com
- Campsite facilities: Free good quality hot showers, toilets, wash up facilities, shop, level pitches. Adults £6 per person / night. No need to book in June, including for electrical hook ups. In addition to the large camping field there is a small field sheltered field suitable for about six tents, speak to the campsite owner to reserve it.

How to get there:

M5 south to Exeter, A30 to Oakhampton, Launceston take A395, take B3262, turn north onto A39, take B3263 towards Boscastle, at 2.5 miles north of Boscastle on B3263, turn left down narrow lane sign posted Pennycrocker.

Canoeing Information:

Type of Canoeing: Sea kayaking - coastal

Grade: Coast exposed **Access:** Landing can be a problem with steep dumping surf beaches ie Teknow. Limited parking near beach at some coves if you arrive after 9.30 am, parking at Crackington Haven, Boscastle, Teknow and Widmouth. Do not attempt to park at Port Issac.

Minimum Level of competence: 2 Star Kayak, competent paddlers

Length of trip: 4 – 6 hours **Description:** scenic but exposed coast

Kit List: [Sea Touring Kit List](#) + packed lunch and water. **Facilities:** Car parks, public toilets, pub, cafe.

Trips: Depending on weather and sea conditions.

Suggested trips Port William (Teknow) to Crackington Haven - one way or shorter return trips to/ from Boscastle or Tintagel Head. Crackington Haven to Widmouth Bay. If you need a sheltered paddle use the River Camel estuary, access at Padstow, Rock or Wadbridge.

OS map sheets 190 Bude and Clovelly and 200 Newquay and Bodmin.